

Asthma Support

Course Synopsis:

Participants will be able to acquire in-depth knowledge in asthma and correct technique of common inhaler devices used in asthma treatment.

Course Information:

Time: 8.30am to 5.30pm

Venue: KTPH Learning Centre

(Exact venue will be announced in the confirmation email)



To register, please email Ms Edna Ho See Hui / Ms Lee Wen Yen at ho.see.hui@nhghealth.com.sg / lee.wen.yen@nhghealth.com.sg

Note: CPE points will only be awarded to participants who achieve minimum 75% class attendance and successfully complete the course (pass all assessments if applicable).

Course Objectives:

- Discuss disease process, triggers, symptoms and approaches to asthma management.
- Describe the types of medications used in asthma treatment (bronchodilators, anti-inflammatories)
- Demonstrate the correct techniques and ability to teach and supervise the various common inhaler devices used for asthma treatment.

Course Content:

- Introduction
- Problem: asthma
 - I. Definition
 - II. Pathophysiology
 - III. Causes
 - IV. Triggers
- Intervention
 - I. Assess
 - Subjective data : symptoms
 - Objective data : Signs, Physical examination, tests
 - II. Actions
 - Drugs
 - Non-drugs
 - Risk modification